

ABC Toast - Hope – \$9.50
Avocado, Basil Cauliflower, Wasabi Peas

Toast and Jam - Courage - \$11.16
Cranberry and Apple Jam Mint, Mascarpone Cheese, Honey

Sweet Plate - Faith – \$10.50
Greek Yogurt, Cardamon Wheatberries, Oat Granola, Fruit, Honey

Grail's B.S. andwich – Love - \$11.75
Sunny Fried Egg, Hummus, Roasted Poblano Sauce, Turkey Bacon, Chicken Sausage,
Cheese, Mix Greens

The Dearborn Tower – Love - \$12.75
Waffle, Chicken Sausage, Turkey Bacon, Egg, Fruit

Chick Peas and Mushroom - Hope
Roasted Mushroom and Chickpea Hash - \$13.50
Roasted Mushrooms, Chickpeas, Onions, Kale, Sunny Fried Eggs, Avocado and Toast

Dano, Meat Me @ The Grail Cafe Hash- Faith - \$14.25
Chicken Sausage, Turkey Bacon, Potatoes, Onions, Roasted Poblano Sauce Cheese,
Sunny Fried Egg, and Toast

Veggie Stew - Courage - \$7.25

Fresh Harvest – Love - \$12.75
Kale, Avocado Spread, Roasted Poblano Spread, Hummus, Tomatoes, Chickpeas,
Carrots, Mixed Greens

Gritting It Out 2 - Faith- \$13.25
Mushrooms Chickpeas with Thyme, and Sage, and Cheese Grits, Greens

Salmon on the Greens – Hope - \$12.25
Smoked Salmon, Avocado, Mixed Greens, Herbs, Poblano Spread, Lime, Basil
Cauliflower, Wasabi Peas

Pastry Bread Pudding - Dreams - \$7.50